

Welcome Back!

Be Your Best You!



PLYMOUTH ELEMENTARY SCHOOL

Weekly Newsletter

Plymouth Elementary
School
Plymouth, NH
September 6, 2019
Volume 9, Issue 2

Monday, Sept. 9, 2019

- FH (BLUE) at Laconia, 4pm (2:45 bus)
- School Board Meeting, 6:00pm, LLC

Tuesday, Sept. 10, 2019

- Gr. 2 & 4 NWEA testing
- XC at Gilford, 4pm (2:30 bus)

Wednesday, Sept. 11, 2019

- Gr. 2 & 4 NWEA testing
- Scholastic Book Fair, 8am – 3:15pm
- FH home vs. Berlin, Blue 4:00, White 5:15pm
- VB home vs. Gilmanton, 4pm
- FB home (at PRHS) vs. Kennett, 4pm

Thursday, Sept. 12, 2019

- Scholastic Book Fair, 8am – 3:15pm, 5:45 - 7:15pm
- Gr. 6 trip to Star Is., 8:30am departure, returning ~ 2:00pm on Friday
- Gr. 7 trip to Geneva Pt., 8:30am departure, returning ~ 2:30pm on Friday
- **Gr. 1-5 Open House, 6 – 7pm**

Friday, Sept. 13, 2019

- Scholastic Book Fair, 8am – 3:15pm

Saturday, Sept. 14, 2017

- FB home (at PRHS) vs. Milford, 10am

Upcoming Dates

- Sept. 16 AFTER SCHOOL PROGRAM BEGINS
- Sept. 19 **SCHOOL PICTURE DAY** ☺
- Sept. 19 Athletic photos for XC, FH, & VB teams
- Sept. 21 Parks & Recreation Youth Soccer begins!
- Sept. 25 Athletic photos for Football & Soccer teams



NOTE: Gr. K – 8 Flu Clinic at PES will be offered on Oct. 30th
(stay tuned for details & form)

Parents – To learn about **School Messenger**, our program for Special Alert Messages such as weather delays, etc. Please visit:

<https://go.schoolmessenger.com/#/home>



ELKS Soccer
Shoot at CES
Sept. 15th
(see digital flyer)



PTA is looking for parent volunteers for our **Scholastic Book Fair** Sept.11-13. Please visit our website to sign up!
pes.sau48.org Thank you!



Join our
email list

To receive our weekly newsletters and school updates please email our Technology Coordinator
Kara Levasseur@
klevasseur@pemibaker.org

As always if you have any questions or concerns please email Principal Julie Flynn @
jflynn@pemibaker.org

PES ANNOUNCEMENTS

Summer Wellness Bingo was a big success!

We had 175 students out of approximately 400 total participate with 28 students completing the entire card. The Bingo card generated positive energy and conversations around summer activities. Each student who completed at least 10 squares received a Wellness Reward – a jump rope, water bottle, or ball. The grade that had the highest percent of participants gets an extra recess. Here are the winners:

- First Place:** Grade 2 with 65% participation
- Second Place:** Grade 3 with 60% participation
- Third Place:** Grade 1 with 52% participation

A big **SHOUT OUT** of **GRATITUDE** goes to 8th graders **Addi Englund** and **Leo Ebner**, who developed and implemented the project.



Thank You, Addi & Leo!

* Please welcome **Sandy Rodriguez**, our PES School Nurse! *

School Menu → all menus are also available online at pes.sau48.org!

Monday, Sept 9

French Toast Sticks, Warm Maple Syrup, Breakfast Sausage

- Home Fried Potatoes, Blueberries & Cream
- Deli Picks: Chicken Patty on a Bun, Café kids plate, Sun Butter & Jelly sandwich
- Salad Picks: Three Cheese Garden Salad, Garden Chef Salad with Cheese, The Ham & Cheese Lunchbox

Tuesday, Sept 10

Chicken Quesadilla, Salsa & Sour Cream

- Side Picks: Mexicali Rice, Confetti Corn, Assorted Fresh Fruit
- Deli Picks: Hot Dog on a bun, Ham & Cheese Sandwich, Sun Butter & Jelly sandwich
- Salad Picks: Chicken Caesar Salad, Garden Chef Salad with Cheese, The Ham & Cheese Lunchbox

Wednesday, Sept 11

MAC AND CHEESE BOWLS! Popcorn

Chicken Mac & Cheese Bowl, Toppings

- Side Picks: Garden Salad, Assorted Fresh Fruit
- Deli Picks: Grilled Cheese, Egg Salad sandwich, Sun Butter & Jelly sandwich
- Salad Picks: Ham & Cheese Garden Salad, Garden Chef Salad with cheese, The Ham & Cheese Lunchbox

Thursday, Sept 12

Sloppy Joe on a Bun

- Side Picks: Maple Roasted Sweet Potatoes, Maple Baked Beans, Assorted Fresh Fruit
- Deli Picks: Cheeseburger on a Bun, Fruit & Yogurt Parfait, Sun Butter & Jelly sandwich
- Salad Picks: Bacon & Cheese Garden Salad, Garden Chef Salad with cheese, The Ham & Cheese Lunchbox

Friday, Sept 13

Signature Picks Pizza

Cheese or Pepperoni Pizza

- Side Picks: Broccoli, Assorted Fresh Fruit, Frozen Sorbet – Pineapple Cherry
- Deli Picks: Bacon, Egg and Cheese on an English Muffin, Turkey & Cheese sandwich, Sun Butter & Jelly sandwich
- Salad Picks: Chicken Bacon Ranch Garden Salad, Garden Chef Salad with cheese, The Ham & Cheese Lunchbox

Please submit
your
Free/Reduced
School lunch
forms to the office
if you have not
sent them back to
school with your
child.

Lunch

*Peanut Butter & Jelly Sandwich is available daily
Fresh Fruit & Bread offered daily
(Milk is served with all meals)